## ABSTRACT OF THE DISCLOSURE

The present invention is related to disposable bibs, and more particularly, to a inexpensive bib having a unique, always open, strong pocket design, including; an insert that is folded in half, inserted in the pocket and permanently heat sealed, creating a reliable memory spring open tensile, which keeps the pocket open to catch, store, and support all food & fluids that would otherwise soil the wearers clothing or their surrounding environment; A simple adjustable neck strap permanently heat sealed on one end and secured with double-sided tape with a break-away perforation for safety and easy removal; And a tab attached to the bottom of the bib pocket, designed for the purpose of dispensing from a nested storage.